

Healthcare associated infection in maternity and pediatric hospital, Arar, Saudi Arabia

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ABSTRACT

Introduction: Healthcare-associated infections (HAIs) are avoidable complications from health care of health care, result in significant patient morbidity and mortality) and prolong the duration of hospital stay and economic cost. It used as an accurate indicator of the quality of health care system. The aim of the current study was to analyze the HAIs rates, to define how many and what kind of HAIs were occurred, the causative organism, type of drugs used in treatment of infection and to identify the risk factors associated with HAIs. **Method:** A nested case-control study included women hospitalized for more than 48 hours at obstetrics and gynaecology wards in the maternity and pediatrics hospital. **Results:** Overall incidence rate of HAIs was (7.8%). *Staphylococcus aureus* was the most frequent isolated pathogen (26.3%) followed by, *E. coli* (21.6%). Urinary tract infection was the most common type (49.3%). Women hospitalization more than 7 days, exposed to indwelling urinary catheter and peripheral IV catheter, aged 35 years or above, underwent to surgical operation and diabetic were at high risk of HAIs(OR >1.5). **Conclusion:** A Healthcare-associated infection requires intensified monitor and implementation of various effective prevention policies to reduce the occurrence of HAIs.

Keywords: Healthcare, associated, infections, risk factors, sensitivity.

1. INTRODUCTION

Healthcare-associated infections are infection that acquired from hospitals after the second day of admission (Datta et al., 2014; Ahmed et al., 2021). It is an issue of public health affecting hospitalized patients and lead to distribution of multi-drug resistant microorganisms prolong the duration of hospital stay, the cost of health care and increased morbidity and mortality rates that is affecting the quality level of health care services (Abubakar, 2020; Leoncio et al., 2019). The prevalence of HAI affected by the level of the health system's development and construction; its prevalence in developed countries is low compared to developing countries (Talaat et al., 2016). In developed countries, it account from 5% to 10% among patients admitted to acute care hospitals (Khan et al., 2017). In developing countries, about 16 percent of hospitalized patients are diagnosed with HAI. The high prevalence of HAI is

attributed to insufficient infection control procedures due to the lack of policy and guidelines on infection control and the shortage of health professionals in infection control, resources scarcity, and inconsistent surveillance (Bardossy et al., 2017).

Hospitalized patient exposed to intravenous catheters, urinary catheters, respirators, hemodialysis, complicated procedures, corticosteroid therapy and other factors which, affects defense mechanisms and render patients more vulnerable to infections (WHO, 2016). Central line-associated bloodstream infections (CLABSIs) are serious HAIs with a mortality rate of 12%-25%. Catheters are inserted in the center line for the provision of fluids and medications. Its prolonged use can lead to serious bloodstream infections resulting in compromised health and an increase in health care costs. It is estimated that approximately 30,100 CLABSI in ICU and acute settings in the US each year (WHO, 2016; CDC, 2016).

The most common form of nosocomial infection in the world is catheter-associated urinary tract infections (CAUTIs), accounting for more than 12 percent of confirmed HAI in acute health care facilities. It caused by the endogenous microflora of the patients. The catheters inserted inside serve as a conduit for the entrance of pathogens, whereas the incomplete drainage from the catheter holds some volume of urine in the bladder, which gives the bacterial residence stability year (WHO, 2016; CDC, 2016). Surgical site infections (SSIs) are the second most prevalent type of HAIs predominantly caused by *Staphylococcus aureus*, leading to prolonged hospitalization and increase the risk of death. It caused by the endogenous microflora of the patient. The incidence based on the surgical procedure and surveillance standards used (Talaat et al., 2016).

Ventilator associated pneumonia (VAP) is HAI pneumonia observed in patients receiving mechanically assisted ventilator. It generally occurs 2 days or more after airway intubation and manifested by fever, leucopenia and leucopenia (Salama et al., 2016). Increased patient age, diabetes mellitus, renal diseases, immunosuppression, surgical operation, antibiotic exposure, invasive devices exposure (urinary or central venous catheter), nasogastric tubes, intubation, admission to the intensive care unit (ICU), hospital stay duration, and mechanical ventilation were the risk factors independently associated with HAI in hospitalized persons (Despotovic et al., 2020; Rodríguez-Acelas et al., 2017).

Antibiotic resistance is a major health concern in resource-limited countries where the burden of infectious diseases is high, with often higher resistance rates than in developed countries (Kolpa et al., 2018). In order to develop antibiotic resistance, bacteria use various mechanisms. It has been divided into four main biochemical mechanisms: a) antimicrobial molecule modifications, b) prevention of antibiotics to reach target, c) change or bypass of target sites, and d) resistance due to global cell adaptive processes (Munita, 2016). Microbiological studies are useful for confirming the definitive indication of antibiotics and for their rational use (Levy-Hara et al., 2016). Data about antibiotic intake and resistance profile data are useful to help formulate antibiotic usage policies and guidelines at both local and regional levels (Le Doare et al., 2016).

There are limitations in the implementation of infection control procedures and the orientation of staff and preparation in many maternity hospitals. Patients in gynaecology and obstetrics word have a short hospital stay and a large number of HAIs are found after hospital discharge (Ali et al., 2018). The aim of the current study was to analyze the HAIs rates, to define how many and what kind of HAIs were occurred, what are the causative microbes, what kind of drugs can be used in treatment of infection and to identify the risk factors associated with HAI.

2. METHODS

Settings and data collection

We conducted a nested case -control study included patient hospitalized for more than 48 hours in a period from May 2020 to May, 2021 at obstetrics and gynaecology wards in the maternity and paediatrics hospital in Arar city, Northern Border Area, KSA. During the study period, 2412 patients were hospitalized for more than 48 hours and 217 patients developed HAIs. Whereas 525 patients were randomly selected for statistical analysis to identify the risk factors associated with HAI (175 cases and 350 controls with ratio of 1:2 cases to control). Cases were selected from patients who have HAI while controls were selected from patients without HAI.

Sociodemographic Data and Specimen Collection

The following data were collected; age of the women, parity, duration of hospital stay, presence of diabetes, surgical operation (caeserian section, hysterectomy etc) clinical course, fever and exposure to invasive devices insertion such as, peripheral intravenous catheter, urinary catheter or intubation.

Criteria for diagnosis

Infection is determined by combination of clinical findings, results of laboratory, other imaging tests (x-ray, ultrasound, computed tomography scans, magnetic resonance imaging) and other investigations as biopsies or endoscopic procedures.

Laboratory Processing

Specimens were transported to microbiology laboratory. The samples were inoculated onto different microbiological media and incubated aerobically for 18–24 hours at 37°C. Identification of bacteria was performed based on colony morphology, Gram stain and biochemical tests (catalase, coagulase, bacitracin, novobiocin, and optochin for Gram-positive bacteria, and triple sugar iron agar, indole test, motility test, urea test, hydrogen sulfide production, citrate test, and lysine decarboxylase test for Gram-negative bacteria)

Antibacterial Susceptibility Test

Antibacterial susceptibility testing was done by using modified Kirby-Bauer disk diffusion method and interpreted according to Clinical and Laboratory Standard Institute guidelines. The criteria to select the antimicrobial agents were based on availability, CLSI guide line and frequent prescription of drugs for the management of infections.

Ethical Consideration

Ethical clearance was obtained from ethical committee for the initiation of the study. All information was kept confidential by assigning code and assessed only by principal investigator.

Statistical analysis

Data were statistically analyzed by SPSS version 22 software (SPSS Inc., Chicago, IL, USA). To evaluate the relations between independent and dependent variables, a Chi-square test was used. Crude odds ratios (COR) and their 95% confidence intervals (CI) were calculated. A p Value < 0.05 was interpreted a statistically significant.

3. RESULTS

During the study period, 2,782 patients were hospitalized for more than 48 hours and 217 patients developed HAIs with overall incidence rate of HAIs was (7.8%). Among the 217 different bacterial isolates, *S. aureus* was the most frequent isolated pathogen (26.3%) followed by, *E. coli* (21.6%), *K. pneumoniae* (13.4%), CONS (11.1%), *Enterococci* (8.7%), *P. aeruginosa* (7.4%), *Acinetobacter spp.* (6.9%), *P. mirabilis* (3.7%) and *Citrobacter* (0.9%) as presented in Table 1.

Table 1 Isolated bacteria distribution

Organism	No	%
<i>Staph. aureus</i>	57	26.3
<i>E. coli</i>	47	21.6
<i>Klebsiella Pneumonia</i>	29	13.4
CONS	24	11.1
<i>Enterococci</i>	19	8.7
<i>Pseudomonas</i>	16	7.4
<i>Acinetobacter</i>	15	6.9
<i>P. mirabilis</i>	8	3.7
<i>Citrobacter</i>	2	0.9
Total	217	100

Among the common site/type of infection, urinary tract infection was the most common type (49.3%) followed by wound and soft tissue infections (30.4%), while blood stream and respiratory infections were the least ones as showed in Figure 1. Table 2 and 3 showed the antibiogram of microorganism responsible for HAI. *Staph. aureus* isolates showed high degree of sensitivity to vancomycin and linezolid (100%, 96% respectively) followed by cefoxitin 79%, nitrofurantoin 79%, tetracycline 75% and least sensitive to penicillin (30%). The second common organism reported was *E. coli*, the majority of isolates of this were sensitive to imipenem (98 %) followed by meropenem (87%), amikacin (87%), levofloxacin (85%), gentamicin (85%), and ciprofloxacin (72%) and

least sensitive to tobramycin (34%). Most of the *K. pneumoniae* strains were sensitive to imipenem (83%) followed by amikacin and meropenem (79% for each).

Table 2 Antibacterial susceptibility pattern for Gram positive isolates

Antibiotics	<i>S. aureus</i> (57)		CONS (24)		<i>Enterococci</i> (19)		Total (100)	
	S	%	S	%	S	%	S	%
Penicillin	17	30	8	33	5	26	30	30
Amoxicillin- clavulanic acid	35	61	16	67	15	79	66	66
Cefoxitin	45	79	21	88	10	53	76	76
Gentamicin	36	63	12	50	12	63	60	60
Erythromycin	26	46	7	29	10	53	43	43
Clindamycin	36	63	16	67	16	84	68	68
Linezolid	55	96	20	83	18	95	93	93
Vancomycin	57	100	24	100	17	89	98	98
Tetracycline	43	75	20	83	10	53	73	73
Nitrofurantoin	45	79	24	100	12	63	81	81
Methicillin	19	33	4	17	9	47	32	32

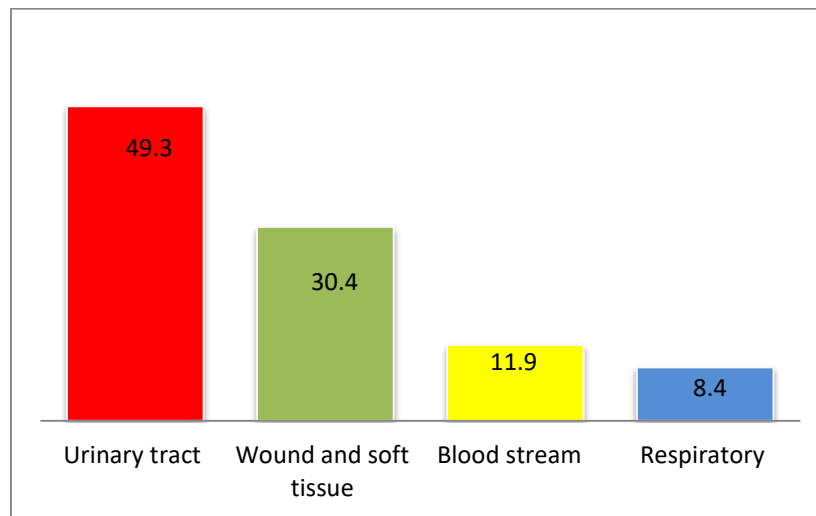


Figure 1 Rates of health care associated infection

Table 3 Antibacterial susceptibility pattern for Gram negative isolates

Antibiotics	<i>E. coli</i> (47)		<i>Klebsiella</i> (29)		<i>Pseudomonas</i> (16)		<i>Proteus</i> (8)		<i>Acinetobacter</i> (15)		<i>Citrobacter</i> (2)		Total (117)	
	S	%	S	%	S	%	S	%	S	%	S	%	S	%
Amikacin	41	87	23	79	14	87	7	88	8	53	2	100	95	81
Amoxicillin- clavulanic acid	21	45	11	38	7	44	5	63	6	40	1	50	51	44
Cefepime	31	66	12	41	11	67	4	50	3	20	2	100	63	54
Ceftazidime	22	47	8	28	13	81	3	37	2	13	2	100	50	43
Ciprofloxacin	34	72	12	41	15	94	7	88	8	53	2	100	78	67
Gentamicin	40	85	11	38	16	100	6	75	7	47	1	50	81	69
Imipenem	46	98	24	83	15	94	8	100	6	40	2	100	101	86
Meropenem	41	87	23	79	11	67	8	100	7	47	2	100	92	79

Piperazine/ tazobactam	36	77	17	59	9	56	6	75	5	33	2	100	75	64
Nitrofurantoin	36	77	9	31	8	50	2	25	4	27	1	50	60	51
Trimethoprim-sulphamethoxazole	27	57	9	31	4	25	6	75	6	40	2	100	54	46
Tobramycin	16	34	10	34	5	31	8	100	15	100	2	100	56	48
Colistin	40	85	25	86	15	93	8	100	15	100	2	100	105	90
Levofloxacin	40	85	19	66	11	67	6	75	12	80	2	100	90	77

Regarding the risk factors associated with HAIs, (table 4) showed, the mean age of women with HAIs was $36.2 \pm 11.2SD$ compared the mean age of the participants without HAIs was $27.4 \pm 9.5SD$ with significant difference between two groups ($t = 9.4$ $P = 0.001$). Women older than 35 years of age were more likely to have HAI than those between 25 and 35 year of age (OR 1.9; vs. 1.8); as compared to women younger than 25 years of age. Diabetes mellitus carried higher risk factors for HAIs (OR = 1.5 $P = 0.03$). In comparison to patients who did not have the surgical treatment, women who had it were 1.6 times more likely to develop HAI ($P = 0.01$). Diabetic women were 1.5 more likely to develop HAIs compared to non-diabetic women ($P = 0.03$).

The average length of stay for HAI patients was 12.4 days ($SD \pm 7.2$) while the average length of stay for non-HAI patients was 7.9 days ($SD \pm 4.9$) ($t = 8.4$ $P = 0.001$). There is a significant difference between women with and without HAIs [$P = 0.001$] and hospitalization more than 7 days was tripled the risk of HAIs (OR = 2.9, $P = 0.001$). Regarding invasive device, indwelling urinary catheter and peripheral IV catheter were doubled the risk of HAIs (OR 2.2, $P = 0.001$ and OR 1.9, $P = 0.001$ respectively). There was no significantly association between HAI as regards to parity, educational level and tracheal intubation ($P > 0.05$).

Table 4 Analysis of risk factors of health care associated infection

Risk factors	Cases N=175 (%)	Controls N=350(%)	OR	CI (95%)	P-value
Age (years)					
<25	22(13)	73 (21)	-	-	
25-35	82(47)	154 (44)	1.8	1.1-3.1	0.04
>35	71(40)	123(35)	1.9	1.1-3.4	0.02
Education					
Secondary and above	97(55)	187(53)	-	-	
Below secondary	41(23)	109(31)	1.3	0.8-2.1	0.26
Non educated	37(22)	54(18)	0.7	0.46-1.0	0.15
Parity					
1-2	32(18)	61(18)	-		
3-4	84(48)	159(45)	1.0	0.6-1.7	0.98
5 +	59(34)	130(37)	0.87	0.5-1.5	0.59
Diabetes mellitus	68(39)	103(29)	1.5	1.1-2.3	0.03
Surgery (yes)	103(59)	165(47)	1.6	1.1-2.4	0.01
Peripheral Iv catheter	143(82)	247(71)	1.9	1.2-3.0	0.006
Urinary catheter	99(57)	133(38)	2.2	1.5-3.1	0.001
Intubation	84(48)	164(47)	1.0	0.73-1.5	0.8
Hospital stay>7 days	113(65)	134(38)	2.9	2.0-4.3	0.001

4. DISCUSSION

Maternal infections as well as nosocomial infection are vital factors for morbidity and mortality especially in postnatal period. It is widely prevalent in both developing as well as developed countries (Cai et al., 2017). This study was carried out to find out the most prevalent HA infection, various risk factors which are commonly associated with HA infections, common organisms isolated and pattern of drug sensitivity in them. Our study showed the overall incidence rate of HAI was 7.8% which was very low compared to that reported in Ethiopia 19.4%, Singapore 11.9%, Iran 9.4 %, and USA 4.0 % (Ali et al., 2018; Cai et al., 2017; Askaria et

al., 2012; Magill et al., 2014). This could be due to the low patient load, uncrowded, good infrastructure facilities and hospital layout design.

In the current study, urinary tract infection was the most common type of infection which accounted for (49.3%) followed by SSI (30.4%). Our results are in accordance with study conducted by Melaku et al., (2012) who found that UTI and SSI were the most prevalent infections (48%, 45.6% respectively). In other study Latika et al., (2019), surgical site infection was the most common reported type. They concluded that SSI was the most prevalent site for infection in rate of 89.1% and 47% respectively. In the current study Gram negative isolates were predominate than Gram positive isolates (53.9% versus 46.1%). This is in agreement with Melaku et al., (2012), who reported 52.6% Gram negative infection while Gram positive infection represented 47.4%.

High prevalence of Gram negative infection of bacterial isolates were Gram negative (80%) (Gedebou et al., 1988). It was observed that *Staphylococcus aureus* was the most common causative agent (26.3%) followed by *E. coli* (21.6%). It is in correlation with study by others (Melaku et al., 2012; Latika et al., 2019) they showed *Staphylococcus aureus* being the commonest isolated organism. Most of the *S. aureus* isolates were sensitive to Vancomycin (100%) followed by Linezolid (96%), Cefoxitin (79%). This is in accordance with Latika et al., (2019) Contrary, to this it has been shown in many studies that *Staphylococcus aureus* was resistant to almost all commonly used antibiotics (Messele et al., 2009).

Regarding the risk factors, age of the women was significantly associated with HAIs that is in line with another study (Pathaket al., 2017). Diabetic women were at more risk of HAI compared to non-diabetic. Diabetes mellitus was independently associated with HAIs (Rodríguez-Acelas et al., 2017). It is explained by low immunity associated with diabetes mellitus and high susceptibility to infection. The duration of hospital stay carried a higher risk of HAIs that supported by a study conducted in Ethiopia which reported that hospital acquired infection was associated with prolonged hospital stay (Ali et al., 2018). Hospital stay increases the exposure to infectious agent that is prevalent in hospital environment. Women exposed to surgery were more likely to HAI compared to non-exposed women this in agreement with (Hassan et al., 2020) study. Persons exposed to surgery exposed to more than one hand exposure which the main source of infection in hospitals. Peripheral venous catheters significantly associated with more risk of HAIs. Mermel et al., (2017) reported that, Short-term peripheral venous catheters responsible for an average of 6.3% and 23% of nosocomial BSIs and nosocomial catheter-related BSIs, respectively. Indwelling urinary catheter was associated with the risk of HAIs. Urinary catheter may be not properly and incomplete evacuation, that lead to stagnation of urine. This is in agreement with Askarian et al., (2012) and Hassan et al., (2020) studies.

5. CONCLUSION

Healthcare-associated infections are a frequent complication in women. They are related to duration of hospital stay and invasive procedures, which requires intensified monitor and implementation of various effective prevention policies to reduce the occurrence of HAIs.

Authors' contributions

The authors confirm contribution to the paper as follows: study conception and design: Basem and Nawal authors; data collection: Nawal Author; analysis and interpretation of results: Basem and Nawal author; draft manuscript preparation: Basem and Nawal authors. All authors reviewed the results and approved the final version of the manuscript

Ethical approval

The study was approved by the local committee of research in Northern Border University, Saudi Arabia ethical approval code: 9760Med.

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Conflicts of interest

The authors declare that there are no conflicts of interests.

Data and materials availability

All data associated with this study are present in the paper.

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